



## **Meno EZE:**

### **Natural support for the menopausal years**

Nutritional support for women during menopause, Meno-Eze offers the most complete approach to supporting the chemistry of women during menopause and their postmenopausal years ahead. No other product of its kind offers the potency of Meno-Eze, which is often needed in times of excess stress and responsibility. With all the negative publicity concerning the use of hormone replacement therapy, many women have turned to a variety of alternative approaches to manage their menopausal symptoms. Meno-Eze contains all these proven approaches in one convenient, easy to take capsule!

***Excerpted from a lecture by K. Steven Whiting Ph.D.,  
Director, Institute of Nutritional Science. Reproduced by  
permission.***

As the female body ages, it goes through natural changes, which end the cycle of fertility. We term these changes as the menopause. While many health care practitioners choose to label menopause a disease, it really is a very natural process, which should be without discomfort. For millions of women, the menopause produces no ill effects whatsoever, yet for thousands and thousands of others, the menopause produces a life of `hell', with hot flashes, mood swings, night sweats, and even depression. The program we are currently using at The Institute of Nutritional Science is one of the most complete approaches to this complicated chemical condition ever offered. Our files are filled with literally thousands and thousands of cases where women are able to live a normal healthy life once again, after following our protocols.

Tested on hundreds and hundreds of women through the country's largest fitness centers, we are convinced of both the safety and efficacy of our formulation.

Capsules Per Container: 90	...	...	...
Amount per 3 Capsules	...	...	% Daily Value
Vitamin B6 (as pyridoxine hydrochloride)	25	mg	1250%
Folate (as folic acid)	100	mcg	25%
Pantothenic Acid (as d-calcium pantothenate)	300	mg	3000%
Zinc (gluconate)	5	mg	33%
Boron	1	mg	*
Pregnenolone (as pregnenolone USP)	25	mg	*
Phytoestrogen Compound	...	....	...
Proprietary Blend	450	mg	...
Flavones (bioflavonoids 50%)	...	....	*
Physterols (cholestatin)	...	....	*
Ligans (Flaxseed)	...	....	*
Isoflavones SoyLife 120 (15%)	...	...	*
Saponins (Sarsaparilla)	...	...	*
Saponins (Muirapuama)	...	...	*
Sasponins (Wild Yam)	...	...	*
Ipriflavones	200	mg	*
Lechithin	100	mg	*
Hesperidin	50	mg	*
Suma (Root)	25	mg	*
Red Raspberry	50	mg	*
Mexican Yam (root)	200	mg	*

Black Cohosh (root)	30	mg	*
Don Quai (Root Extract)	75	mg	*
White Peony (root)	100	mg	*
Schizandra (berries)	25	mg	*
Damiana (leaves)	25	mg	*
Kava Kava (Root)	50	mg	*

\* Daily value not established.

***Other ingredients: Gelatin and magnesium silicate***

**Suggested Use:** Adults take 1 capule three times daily or as directed by your health care practitioner. For Maximum results this product should be taken with our LiquiDaily Supreme & the LiquiDaily Essential Trace Minerals.

**For best results, we suggest using this product in conjunction with a Full Spectrum Liquid nutritional supplement. Doing so will provide you body with the broad spectrum of nutritional support it needs every day. Consult your retailer for further details and recommendations**

**These statements have not been evaluated by the Food and Drug Administration in the USA.**

**This product is not intended to diagnose, treat, cure, or prevent any disease.**