



EZ Recall:

Providing the raw materials for ideal brain function

We often think about supplementing our diets with products that can enhance various organ systems within our bodies, but many times we forget one of the most important organs in the body, namely the human brain. Brain function is complex and requires a very delicate balance of chemistry to build and break down the components involved in the simple act of thinking. As we age, many of us find it more difficult to recall simple facts and figures, indicating an increasing imbalance in brain chemistry. Ez Recall provides the raw materials regularly used by the brain.

Excerpted from a lecture by K. Steven Whiting Ph.D., Director, Institute of Nutritional Science. Reproduced by permission.

Ever had a problem remembering a telephone number or an address, or even someone's name? It happens to all of us once in a while, but for millions, aging means more frequent memory loss. Fortunately, science has come a long way in identifying the specific brain chemicals responsible for short term memory. Through the use of key nutrients, including vitamins, minerals, herbal extracts, fatty compounds and amino acids, we can now provide the body with the essential raw materials it needs to help maintain rapid and accurate synapse, allowing the body to naturally restore memory capabilities.

Capsules per Container 30
 Serving Size 2 Capsules

Amount per 2 capsule serving:	% Daily Value
Vitamin B-6 (pyridoxine HCL)	10	mg	500%
Vitamin B-12 (methylcobalamin)	200	mcg	3,333%
Panthenic Acid (d-calcium pantothenate)	25	mg	250%
Boron (ACC)	1.5	mg	150%
Huperzine A	400	mcg	...
Vinpocetine	15	mg	...
Choline (Bitartrate)	150	mg	...
DMAE (Bitartrate)	150	mg	*
Ginkgo Biloba (powdered extract)	50	mg	*
Lecithin Concentrate	50	mg	...
Providing Proprietary Blend of:
Phosphatidylcholine
Phosphatidylserine
Phosphatidylethanolamine
Phosphatidylinositol
Phosphatidylserine	20	mg	*
Bacopa	15	mg	*
1-Glutamine	200	mg	...
1-Tyrosine	100	mg	*
GABA	250	mg	...

* Daily value not established

Other Ingredients: *Gelatin, water, rice protein, calcium carbonate, silica*

Suggested Use: Take 1 capsules once or twice per day, or as directed by your health care practitioner.

For best results, we suggest using this product in conjunction with a Full Spectrum Liquid nutritional supplement. Doing so will provide you body with the broad spectrum of nutritional support it needs every day. Consult your retailer for further details and recommendations

These statements have not been evaluated by the Food and Drug Administration in the USA. This product is not intended to diagnose, treat, cure, or prevent any disease.