



Bio-Complete Calcium Plus:

Calcium designed for maximum absorption

The only combination of Calcium, Magnesium and Potassium that contains the essential trace nutrients necessary for maximum absorption. Through the addition of the trace mineral strontium, this becomes an even more powerful product for those concerned about calcium and bone mass loss later in life.

Excerpted from a lecture by K. Steven Whiting Ph.D., Director, Institute of Nutritional Science. Reproduced by permission.

Calcium, one of the best known of all essential minerals, is also one of the most difficult for the body to absorb. Most calcium supplements are only 15 to 20 percent absorbable due to improper pH, compressed tableting and lack of essential trace minerals to facilitate uptake and absorption.

In order for the body to absorb calcium and magnesium back to bone tissue, thereby preventing such conditions as osteoporosis, there must be specific trace minerals present at the same time as the calcium is ingested. Zinc, copper, manganese, and boron all assist in the absorption and retention of calcium at the cellular level, especially when it comes to bone tissue.

Capsule per Container: 120
Serving Size: 4 Capsule
4 Capsules Contain:	% Daily Value
Vitamin D3	...	50 IU	12%
Calcium (as citrate and malate)	...	450 mg	75%
Magnesium (as amino acid chelate)	...	200 mg	75%
Zinc (as gluconate chelate)	...	50 mg	33%
Copper (as amino acid chelate)	...	1 mg	50%
Manganese (as Gluconate)	...	2 mg	100%
Potassium (as citrate)	...	100 mg	6%
Boron (as amino acid chelate)	...	2 mg	*
Strontium (from carbonate chelate)	...	50 mcg	*

* Daily value not established.

Other ingredients: Water, Natural Flavors

Suggested Use: Adults take 2 capsules twice daily or as directed by your health care practitioner. For Maximum results this product should be taken with our LiquiDaily Supreme & the LiquiDaily Essential Trace Minerals

For best results, we suggest using this product in conjunction with a Full Spectrum Liquid nutritional supplement. Doing so will provide you body with the broad spectrum of nutritional support it needs every day. Consult your retailer for further details and recommendations.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.