

Digest-Eze:

A total approach to digestion and increased absorption

A total approach to assisting the digestive process, covering protein, fats and carbohydrates. Offering the highest potency of any digestive product currently on the market, Digest-Eze is safe to use by young and old alike. Remember, as we age, our ability to fully and completely digest foods and subsequently absorb vital nutrients, decreases. Ensure that you are getting the most from the foods you consume and the nutritional supplements you use by adding this simple but powerful formula to your program.

***Excerpted from a lecture by K. Steven Whiting Ph.D.,
Director, Institute of Nutritional Science. Reproduced by
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In the old days of nutrition, we used to say something to the effect that "you are what you eat." Today, however, we know that there is much more to good health than merely trying to eat well. Today, we know that you are, in fact, what you absorb. If you cannot properly and completely break down nutrients from food and food supplements, you can be starving for these essential factors even though you think you are eating reasonably well. After the age of 40, many people find themselves suffering from indigestion, heartburn, bloating and feelings of fullness after meals, especially evening meals. This is due to a breakdown in the production of natural hydrochloric acid production in the stomach. Without this acid, proteins cannot be properly digested. Further, in the absence of these stomach acids, many enzymes, necessary for the digestion of other foods, become deficient as well.

The over-consumption of anti-acids in an attempt to correct what many people erroneously think is excess acid, has contributed greatly to such conditions as osteoporosis, arthritis, heel spurs, kidney and gall stones and calcium deposits on artery walls, leading to atherosclerosis. All of these conditions occur when the body becomes too alkaline and calcium crystallizes and falls out of fluid solution.

These conditions can be prevented by ensuring that your body is properly breaking down the vital nutrients necessary to health, found in the foods you eat and the supplements you take. We use a broad spectrum approach to digestion, covering protein, fats as well as carbohydrates.



Capsule per Container: 90
Serving Size: 1 capsule
Amount per capsule	% Daily Value
Beatine HCL	...	100 mg	*
Pepsin	...	75 mg	*
Pancreatin	...	150 mg	*
Bromelain	...	75 mg	*
Papain	...	75 mg	*
Ox Bile	...	75 mg	*

* Daily value not established.

Other ingredients: Gelatin, water, rice flour

Suggested Use: Adults - Take 1 to 2 capsules with each meal or as needed. For Maximum results this product should be taken with our LiquiDaily Supreme & the LiquiDaily Essential Trace Minerals.

For best results, we suggest using this product in conjunction with a Full Spectrum Liquid nutritional supplement. Doing so will provide you body with the broad spectrum of nutritional support it needs every day. Consult your retailer for further details and recommendations

These statements have not been evaluated by the Food and Drug Administration in the USA. This product is not intended to diagnose, treat, cure, or prevent any disease.