

LiquiDaily Bio Complete Calcium Plus:

Calcium designed for maximum absorption

Biochemists and many nutritionist realize that calcium is one of the most difficult minerals for the body to absorb. As we age, this absorption problem tends to increase, meaning that often, when we need increased calcium and magnesium the most, we have a harder and harder time to absorb it from supplements and diet. By providing calcium and magnesium together with key trace elements necessary for proper uptake by the cells and by using our exclusive Liquid Delivery System, you are assured of the highest possible absorption potential.

***Excerpted from a lecture by K. Steven Whiting Ph.D.,
Director, Institute of Nutritional Science. Reproduced by
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Calcium, one of the best known of all essential minerals, is also one of the most difficult for the body to absorb. Most calcium supplements are only 15 to 20 percent absorbable due to improper pH, compressed tableting and lack of essential trace minerals to facilitate uptake and absorption.

In order for the body to absorb calcium and magnesium back to bone tissue, thereby preventing such conditions as osteoporosis, there must be specific trace minerals present at the same time as the calcium is ingested. Zinc, Copper, Manganese, and Boron all assist in the absorption and retention of calcium at the cellular level, especially when it comes to bone tissue. We have recently added the trace mineral strontium to all our calcium formulations. Strontium has been shown, in clinical double-blind studies, to increase the absorption of calcium to the bone by as much as ten times! This is the greatest breakthrough in osteoporosis and arthritis management in twenty years!

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Serving Size 1 Tablespoon (1/2 oz.)	% Daily Value
Serving per container 30
Amount per serving
Vitamin D3	...	100 IU	25%
Calcium (as citrate and malate)	...	600 mg	75%
Magnesium (as amino acid chelate)	...	300 mg	75%
Zinc (as gluconate chelate)	...	2.5 mg	33%
Copper (as amino acid chelate)5 mg	50%
Manganese (as gluconate)	...	1 mg	100%
Potassium (as citrate)	...	100 mg	6%
Boron (as amino acid chelate)	...	1 mg	*

* Daily value not established

Other ingredients: Purified water, natural vegetable glycerine, natural orange-vanilla flavor, citric acid, xanthan gum, carageenan gum, sodium benzoate, potassium sorbate (for freshness).

Suggested Use: Adults take 1 tablespoon daily or as directed by your health care practitioner.

For best results, we suggest using this product in conjunction with a Full Spectrum Liquid nutritional supplement. Doing so will provide you body with the broad spectrum of nutritional support it needs every day. Consult your retailer for further details and recommendations

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.