

## Vital Toddy - Herbal Drink

*Rooted in antiquity, the basis of comes to us from the two oldest sources of wellness known to man: Minerals and Herbs*

Vital Toddy is a powerful and highly effective Herbal, Mineral supplement designed to provide energy and body balance. Vital Toddy's remarkable effectiveness can be attributed to its formulation of synergistically blended rather than dried herbs and 72 organic colloidal trace elements from vegetable sources. Thousands of people throughout Europe have already experienced the power of Vital Toddy.



**7 Major Minerals:** Calcium, Chloride, Magnesium, Phosphorus, Potassium, Sodium, Sulphur  
**65+ Trace Minerals like:**

PLUS A select blend of 16 herbs . . .

Artichoke Juice, Nettle Juice, Oat Juice, Ransoms Juice, Ribwort Juice, Nettle Juice, Carrot Juice, Pumpkin Juice, Garlic Juice, Dandelion Juice, Celery Juice, Hawthorn Juice, Capsicum, Ginger, Gentian, Lapacho

Other ingredients: Filtered water, Potassium Sorbate as a Preservative, Potassium Aspartate

**Vital Toddy** provides the full spectrum of trace minerals a highly absorbable colloidal form. Some of those trace minerals are:

- Chromium:** This mineral is essential in assisting the body to deal with the metabolism of glucose. Sugar consumption has increased so rapidly over the last 40 years that the demand for chromium is almost never met by dietary intake alone.
- Copper:** Copper acts as a co-factor in the utilisation of many other nutrients. A deficiency in copper can prevent the body from utilising iron thus making someone iron deficient even though adequate iron may be present. Without copper, iron cannot be absorbed by the cells.
- Selenium:** Selenium is thought to be a powerful antioxidant, which may aid in protecting the cellular membrane from free radical damage. Selenium has been shown to be an effective supplement.
- Zinc :** A powerful mineral with hundreds of functions within the human biochemistry, zinc contributes to hormone production.

- Artichoke Juice** Often considered a useful aid to help maintain the digestive system and to help maintain normal cholesterol levels.
- Nettle Juice** Most famous for its cleansing and refreshing properties, maintaining a normal acid/alkali balance.
- Oat Juice** Oats are known to stimulate the mind. They also help to maintain a healthy heart and good circulation.
- Ransoms Juice** A "wild garlic". One of nature's lesser known herbs, It is active in many dietary processes, therefore thought to be beneficial.
- Absinthe Juice** Known to have a wide nutrient spectrum. Thought to help the activity of the digestive system, ensuring optimum absorption of food.
- Ribwort Juice** The juice of this herb is often taken for winter protection.
- Carrot Juice** Since ancient times the carrot has been much valued for its nutritional properties containing so many of nature's important minerals.
- Pumpkin Juice** Famous for its wealth of minerals and fatty acids.
- Garlic Juice** Thought to help maintain a healthy heart and good circulation. It is perhaps one of nature's great protectors.
- Ginger** Traditionally used in China to help maintain a healthy digestive system. It is also known for its warming and soothing properties.
- Gentian** A strong 'bitter herb', thought helpful in maintaining a healthy digestive system.

<b>Dandelion Juice</b>	Regarded in herbal lore as being active in helping to maintain a healthy balance of body fluids.
<b>Celery Juice</b>	Traditionally used for helping to maintain flexible muscle and joint movement. It is an excellent source of many vitamins and minerals.
<b>Lapacho</b>	An active ingredient of Lapacho bark. Thought to help maintain a good immune system, strong and healthy cells and provide vitality.
<b>Hawthorn Juice</b>	Used by herbalists for its health giving properties. Thought to help maintain a healthy circulation.

**This product is not intended to diagnose, treat, cure, or prevent any disease.**